

16th Annual Report



2023/24 ANNUAL REPORT

A Year of ~~Change~~ Possibilities



Healing relationships
Transforming families



www.famsawc.org.za

Mission

*To support individuals,
families, organisations,
and all of society to build,
restore and sustain
functional relationships as
the cornerstone of a stable
and thriving society.*



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In 2023/2024 we were faced with the reality of yet another tough year for most South Africans and South African businesses. FAMSA being no different. However, through the resilience and passion of each and every one of FAMSA WC's people we made it through. It's the people who make FAMSA WC what it is and it's been a great pleasure to be part of this family for another year. I look forward to seeing what the new year brings.

*Stacey-Lee Foster
Treasurer*



Director's Report

The past year has been challenging and rewarding at FAMSA WC. Despite a difficult financial situation, our organisation continued to offer services in compliance with our partnership agreements with the Department of Social Development (Children and Families and VEP) and with the Department of Health. We continue strategising to increase efficiency and become a financially sustainable organisation while offering welfare services to deprived communities in the Western Cape.

We remain true to our core business, which is counselling, training, and supervision. Our counselling numbers are mostly consistent but show high demand in the Khayelitsha and Mitchell's Plain areas. Our specialised training courses have shown a need for the Basic Counselling Skills 1 course. Trauma also remains a popular course, a reflection of the society in which we live.

Our partnership with the Department of Health continues with FAMSA WC opening two Hubs, one at The Central Methodist Church in central Cape Town and one at St Phillips in Woodstock, offering services to patients in local communities. In addition, we provide services to the significant homeless population in our nodes.

With funding from NLC (National Lottery Commission), we could offer public information sessions on topics of interest that contribute to our staff's continual professional development. Supervision at FAMSA WC is thriving. This is an area in which we are expanding and putting a lot of effort into. We provided much-appreciated supervision to social workers at DSD-funded shelters and organisations. Our Men Stopping Violence Group is still running every Thursday evening, helping abusive men address why they resort to any form of abuse and transform their behaviour. This is a unique group in the Western Cape and has shown positive results in terms of behaviour change.

FAMSA WC continues to offer skills workshops in surrounding communities. The workshops teach parenting, teen parenting, and coping skills, as well as skills to enhance marriage/relationships and fatherhood. We aim to instil positive parenting and relationship skills that can be put into practice straight away. Participants have shown great appreciation for this intervention.



I started as the clinical head at FAMSA WC in April 1999 and became Director in 2001. Throughout all these years I have been proud of our staff, volunteers and executive committee who are committed and dedicated to fulfilling our vision. Our work helps to prevent some of society's biggest issues such as gender-based violence, loneliness, family violence, divorce and many other issues as indicated in this annual report. Every day we focus on improving the well-being of our communities. Our communities are at the centre of everything that we do. Our focus is on relationships, and we believe strongly that relationships matter in the communities in which we work. As Frances Moore Lappe said: "we humans wither outside of community. It is not a luxury, a nice thing; community is essential to our well-being." At FAMSA WC we believe that thriving families make thriving communities and thriving communities can change the world. As much as we are trying to help our beneficiaries through our service delivery, we are also doing so for our communities. We can only be successful if we are all committed. This report details some of the ways we are doing exactly that. During all these years, I have been inspired and energised by the relationships I have formed with staff, volunteers, and the executive committee. I am proud of what we achieved in the past year.

I will be retiring end of January 2024. As I hand over the leadership responsibility, I do so with thanks and appreciation to our funders and donors and all stakeholders who have enabled us to fulfil our mission. FAMSA WC has experienced many challenges over the years but managed to survive because of the extraordinarily committed and skilled Board, management, staff, consultants, and volunteers, who will continue to ensure that the organisation continues to thrive and expand its quality service delivery.

I am fortunate that I met all of you and trust me I have thoroughly enjoyed each moment I have spent at FAMSA WC. My time spent here will be one of the most special ones in my life. I will deeply miss being a part of the organisation. You will all continue to occupy a special part of my life.

Noelene Blekkenhorst
Director



From our Board

A YEAR OF POSSIBILITIES: CELEBRATING DEDICATION AND SERVICE

Reflecting on the past year at FAMSA Western Cape under the theme "A Year of Possibilities," we have witnessed a journey marked by both challenges and triumphs. Since joining the Board of Directors in 2008, I have seen firsthand the profound dedication of our team in supporting families across Cape Town. Through counselling sessions, advocacy efforts, and community outreach, we have strengthened our commitment to nurturing healthier, more resilient communities.

This year, amidst the challenges we navigated, we celebrate the exceptional contributions of our retiring staff members, particularly Noelene Blekkenhorst, who has served as our esteemed Director since 1999. Noelene has been a solid pillar of strength and vision, steering FAMSA Western Cape through difficult and prosperous times with grace and determination. Her leadership has not only guided us through significant growth and transformation but has also left an enduring imprint on our organisation and the broader community we serve. Under Noelene's stewardship, FAMSA has flourished as a beacon of hope and support for families across the Western Cape. Her mentorship has nurtured countless leaders within our organisation, fostering a culture of excellence and compassion that defines our approach to service. Through her dedication, she has touched the lives of many, demonstrating a steadfast commitment to our mission of building, restoring, and sustaining functional relationships.

As we bid farewell to Noelene, we honour her legacy and express profound gratitude for her profound impact on FAMSA Western Cape and beyond.

Daleen van Staden, Head of Clinical Services since 2001, your expertise and compassion have been instrumental in providing essential care and support to our clients. Pauline Sevitz, our Counselling Manager since 2008, your dedication to our counselling programs have positively impacted countless families. Mercia Marsh, Social Auxiliary Worker at our Factreton office since 2004, your kindness and commitment have touched the lives of many in our community.

As we bid farewell to these valued colleagues, we express our deepest gratitude for their years of service and dedication. Your contributions have shaped FAMSA Western Cape into the compassionate and effective organisation it is today. Your legacy will continue to inspire us as we strive to uphold the standards of excellence you have set.

To our retiring staff members and to all who have supported us along this journey, thank you for your unwavering commitment to our mission of supporting families and building stronger communities.

Vusi April



There is nothing in life as consistent as change. We go through change all our lives and yet it can be stressful, scary, exhilarating or all three together.

Change leads to new possibilities like leaving school and becoming an independent adult or leaving work as one retires and exploring unstructured time.

I love the memories special songs evoke. From my childhood in rural Zimbabwe, a song by Danny Kaye called "Five Pennies" talked of a penny to wish on, a penny to dream on, a dancing penny, a penny to laugh on and most of all a penny to love on. I have had the privilege to wish, dream, dance (a lot) and love through three countries, twenty-odd cities/ towns/ villages, four different industries, my own businesses, working for others, unemployment, overemployment, health, hospitalizations, adventure and tedium. After unexpectedly getting divorced after 30 years of marriage I had a quiet eight years on my own, thinking this was just right for me. Then I heard a new song by Rachel Patten called "A Better Place" that talked of seeing in colour again and I met up with an

old friend who matched the song and asked me to marry him as his song was "I've been waiting for a girl like you" by Foreigner.

I left school hoping for ABC, and I certainly got ABC but also D to Z of surprises, disappointments, way too many children and two wonderful men (yep twelve years later even my ex is wonderful on another continent) to share my adventures.

My song for now is "How Great Thou Art" written by Carl Boberg as I embrace my new home in Wales, my new (to me) culture of my forefathers and all that living here requires (castles, green green fields, tiny roads and so many rules).

The human brain loves predictability, it makes us feel safe, but it is change that opens up our experiences and allows for new possibilities.

Jane Cope

Vice Chairperson



FAMSA provides counselling services including bereavement counselling, divorce support, domestic violence counselling and marriage preparation. FAMSA aims to strengthen family relationships and contribute to healthier communities.

While they may be some challenges, the organization's commitment to supporting families remains central to their mission.

**Wonga Mampana
Chairman**



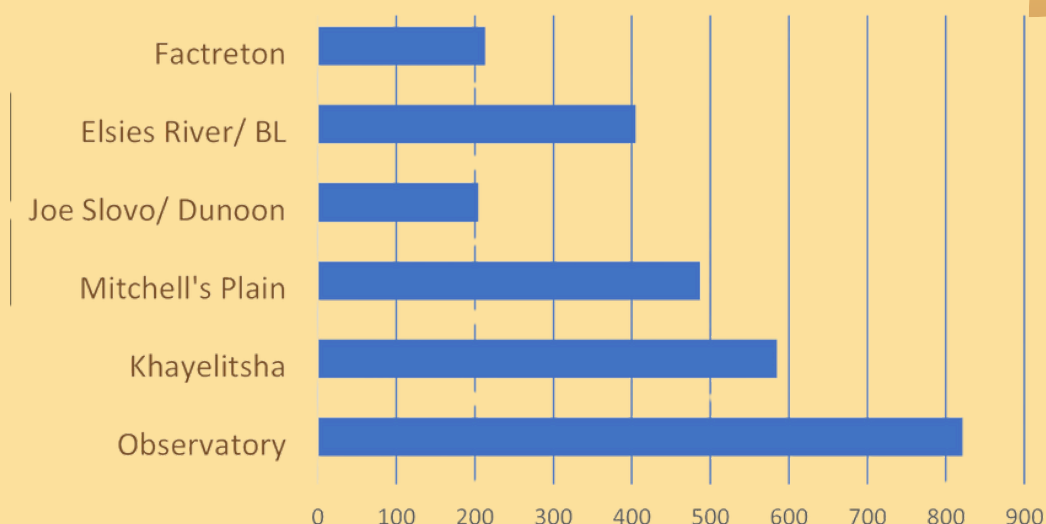
Our Performance

Counselling

3619
BENEFICIARIES

4931
sessions

Number of New Clients / Families per Office



Psychosocial Workshops

	MARRIAGE/ RELATIONSHIP ENRICHMENT	PARENTING SKILLS	TEEN PARENTING AND COPING SKILLS	FATHERHOOD PROGRAMME
FOCUS GROUP	COUPLES AT RISK	VULNERABLE PARENTS	TEEN PARENTS	FATHERS
KHAYELITSHA	13	37	14	27
MITCHELL'S PLAIN	9	21	11	
BISHOP LAVIS	5	20	12	
ELSIES RIVER	7	24	0	
JOE SLOVO PARK/ DUNOON	6	30	11	
FACTRETON	6	39	12	
TOTAL REACHED	46	171	60	27





GREAT
Work

The theme of change chosen for our Annual Report this year is pertinent and relevant for several reasons

Firstly, we chose this topic based on the numerous changes that we at Famsa WC as an organisation and as individual staff members are having to adjust to. Secondly, I am writing this soon after our elections with a government of national unity being formed and hopefully heralding positive changes in our country.

The third level of reflecting on change is on a personal level and a poignant one because I am writing this article for the last time in my capacity as Counselling Manager at Famsa WC. I will be stepping down from this position towards the end of the year. I won't be retiring as a social worker or counsellor and hope that I will be able to stay connected with Famsa WC, which I still feel passionate about after 16 years. I look backwards at the many wonderful years of working at Famsa WC, the clients, the meaningful connections, relationships formed, lessons learnt and ongoing stimulation but also reflect on the many challenges of working in the NGO sector with its many ups and downs.

I also find myself reflecting on the future. What will my life look like, not needing to come into the office on a regular basis? How will I fill my time in a meaningful way as I have done for so many years?

In my musings about the changes in my personal situation, and the impact this decision will have on my family life, and my relationships, my mind wanders to those of our clients, the many people I have supervised, mentored, trained, counselled and those whose lives I have touched and those whose lives have touched me.



Change

I think yes change is growth and we have all grown, been challenged, hopefully developed and hopefully emerged as stronger more whole and functioning human beings making a difference in our own lives, families, communities, countries and ultimately the world.

I reflect on life's transition. The developmental stages we go through as individuals from birth, the stages we go through in our relationships and the changes in communities and societies. All of these are seasons and require adjustments and negotiation to navigate what may often be troubled and turbulent waters. I reflect on the challenges an oyster goes through to break through the shell before producing a beautiful pearl.

Change is difficult on both individual and collective levels, but I do believe that ultimately Famsa WC as an organisation will emerge as a stronger and even more powerful and valued organisation, well respected and appreciated, as it has been for so many years.

I wish those who will be carrying the mantle forward the strength and wisdom to navigate future challenges successfully.

Pauline Sevit
Counselling manager



A transformation story

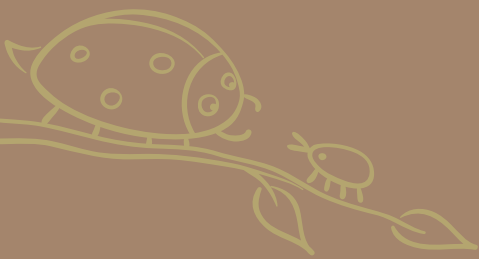
Change is often challenging as it disturbs our comfort and challenges us to commit to foreign and often unfamiliar tasks or conduct. Change is particularly understood and difficult within our male population. Men are generally comfortable with traditional ways of doing things and this has also translated to how they carry out their fatherly roles and their involvement in their children's lives.

This work seeks to narrate a beautiful story of change particular men experienced through the cause of the fatherhood workshop during the 2023/2024 financial year in Khayelitsha. Topics explored early in the workshop include that of 'positive communication'. An assertive communication style was stressed as best as opposed to passive and aggressive communication styles. It was amazing how, during the session, men identified their ineffective communication styles as patterns they inherited from their parents.

They recalled how communication was within their families as children where parents often never explained themselves much but enforced discipline through punishment. Most fathers realized that, through socialization, they employ the same measures, but to a rebellious and reserved population that often question, reason and to an extent plead their case(s) in seeking understanding behind their parent's discipline, needs of them, guidance etc. Deliberations on the topic were intense with facilitators ensuring to educate members in respect of the topic, and it was then up to men to go and test out the assertive communication style. Termination feedback of the five days workshop saw overwhelming feedback on the session on communication with many members hailing assertive communication style as having worked for them. In a nutshell, by using the style members suggested that they were heard by their children, and they got to understand their children's behaviour better in some of the issues they were struggling with in their families. This speaks to a beautiful story of change that our society needs in addressing pressing family matters.

Siphesihle Ntuli
Social Worker





I Feel positive about the future now. Me and my husband, we both feel safe again in our marriage and we would like to have a follow-up session Qakata has a lot of wisdom and experience. I would highly recommend her to other couples! Thank you FAMSA!

I have learned to listen to my kids. Don't just listen, hear them. Pay attention to their feelings and make a point to ask what they are feeling. Give them enough trust and freedom to think for themselves and more decisions that will be good for them. I learned that I am not the most important one, my child is

Nolincedakula
Kakhulu



“
For me to be a parent
was scary. This really
helped me.
”



”
Discipline and
communication in an
effective way was very
helpful to me. To be
specific about their
behaviour and
acknowledge the
child's behaviour.
“



Building Relationships



I see several couples and individuals for follow-up counselling visits after they attend our marriage enrichment workshops. They gave positive feedback regarding the impact it had on their marriage. One couple said that before they attended the workshop, they did not know what marriage was about and expressed their appreciation and gratefulness towards the information and guidance they received. Another couple said that they would highly recommend our services to family and friends because their lives changed after implementing what they learned in the marriage workshop. In particular, their communication and listening improved. Another client, who was also in the workshop, and who came for individual counselling, said that while attending the workshop, realised that her marriage and idea of marriage were far from what was highlighted in the workshop. The workshop helped the client become aware that she had deep-rooted issues that she had never dealt with. She reached out for counselling as these issues impacted how she treated her loved ones and others. She needed help to deal with it and improve herself emotionally so that she could have a healthier relationship with herself, her family and others.

*Faadiya Louw
Social Worker*

A satisfactory outcome

The Family Advocate referred a client for divorce and child dispute counselling. The relationship was terrible because, according to the wife, the father didn't accept that he was the second child's father. He said that they were already separated when his wife informed him that she was pregnant. During the session, the wife said that she was not aware that she was pregnant when they separated. During the separation, they filed for divorce as the relationship deteriorated, with continued conflict, verbal, emotional and financial abuse and blaming each other for the situation.

After the child (baby girl) was born the husband accepted that he was the biological father, but then the wife refused him access to the child. After several 'couple' sessions, as well as additional individual sessions, the couple reconciled and is currently back to get her.

They were extremely grateful for the counselling services that were rendered to them by FAMSA Bishop Lavis office.

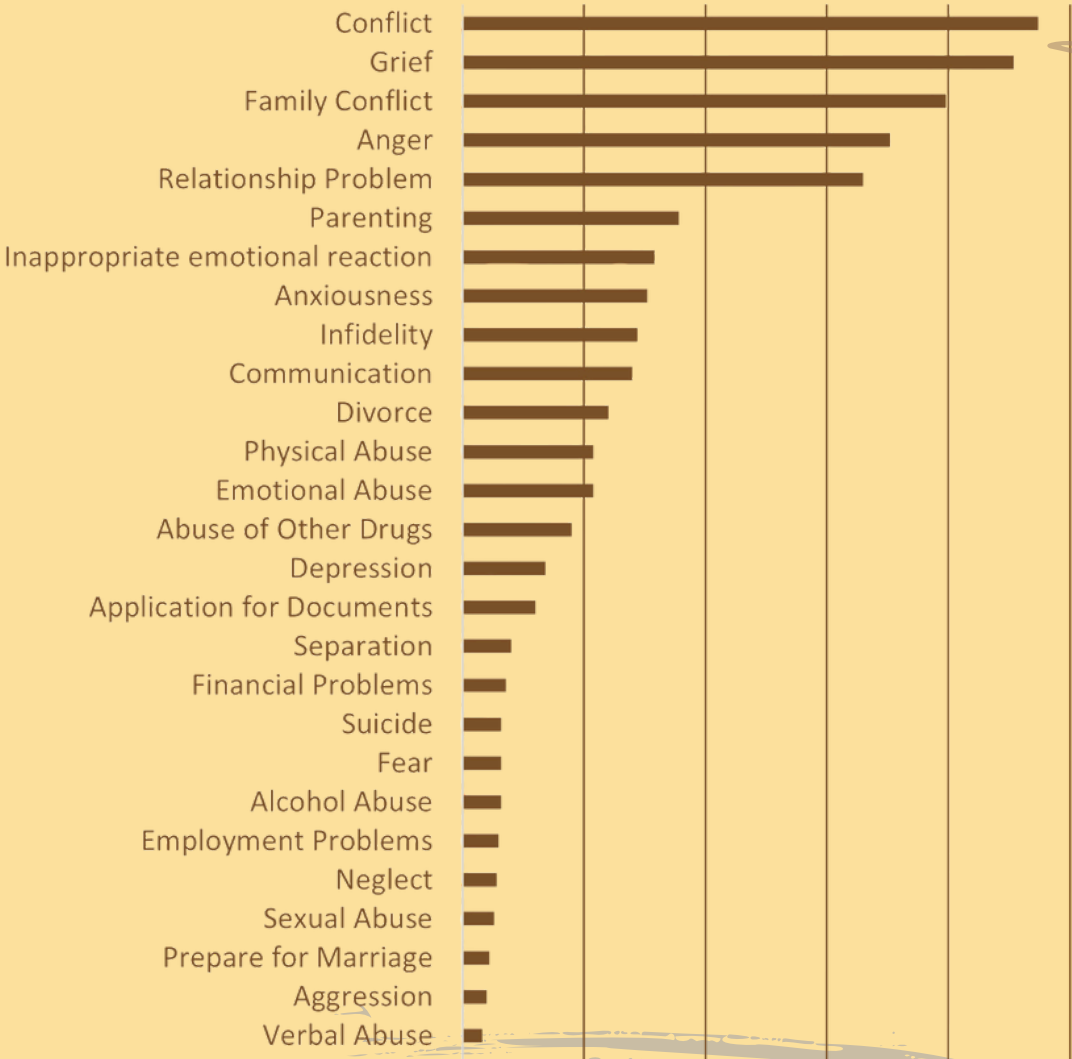
*Desiree Titus
Social Auxiliary Worker*



Presenting problems



Top Presenting Problems: Adults



Initiating “Change” in Joe Slovo Park & Dunoon

We have two FAMSA offices in Milnerton, one in Joe Slovo Park and one in Dunoon. Joe Slovo office is where I work, busy implementing changes together with the community and other stakeholders. It is a dangerous area where you are unable to carry your phone around to take pictures - even during workshops, you need to be careful all the time. Crime is escalating! Community shapes our understanding of the world. If you are looking to change the community, you need to understand the needs of the community, and the process of change will develop and people will be able to work to build their relationships with other people from different racial, ethnic, and social classes. At FAMSA, we focus on various levels, that is micro, mezzo and macro, using different approaches. Joe Slovo and Dunoon offices are trusted by people in the community. Anyone can approach our organisation to seek counselling to talk about what issues they are facing. As a social worker, I do not organize clients to do something that I think should be done, instead, I find out what is important to them and then help them to reach their goals. In this way, our organisation's objectives are also achieved.

Our office helps everyone who enters our doors in a variety of ways. We assist single people, couples, and families who wish to share the news that will change peoples' lives in the neighborhood; and help people who want to disclose their gender identity to their family and friends. The fact that the social worker in Joe Slovo's office helped the client come to terms with his sexual orientation indicates that our organisation is accepting of all people and that the community has faith in it.

We bring changes to teenage parents - these parents have been through difficult times, become parents at an early age, and do not know how to raise a child - by offering parenting skills at FAMSA Joe Slovo and Dunoon offices. We also facilitate the parenting skills of parents who are over 18 years old. Couples workshop is also our tool that we use to create happy families because we believe happy families create a healthy community. Domestic violence is a challenge in this community, which is why our organisation offers a GBV support group in Joe Slovo Park. The group, members appreciated the initiative and attended regularly. Group facilitation is crucial to people who are affected by GBV.

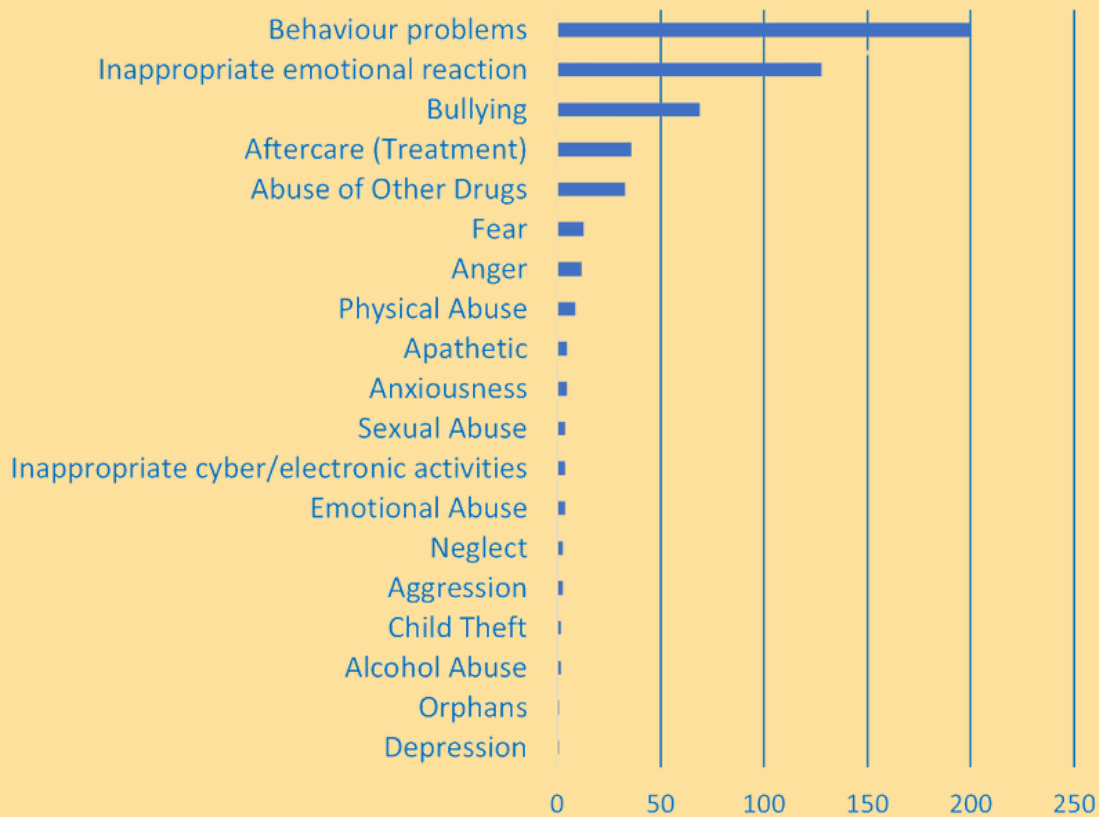
Individual counselling sessions have been very beneficial to the community. For instance, we were able to save the life of a 15-year-old who suffered from depression and had made multiple suicide attempts. From the first to the last session with the teenager, we witnessed the changes and the development of the change process. The parents also testified that their daughter was now able to sleep through the night.

Working with physicians and psychologists from various hospitals, we were able to help a great number of people who had attempted suicide by giving them a new lease on life. We hope to implement an LGBTQ support group, as it appears to be a continuing issue in the community.

Qakata Didiza
Social worker

Presenting Problems: Children

Top Presenting Problems: Children





Change is inevitable. We're living in a world where constant changes are happening in literally all spheres of life. Change in governments, families, cultures, communities, relationships, society, to name but a few. Without change, it is impossible to grow, live, discover, embrace and express gratitude to our Maker, God [personal view].

I can truly say that I've changed in the different areas in my life, in my work environment. I've grown more confident, and learnt new things, especially from clients and colleagues, church members, family as well as children. I am a much richer, wiser and empowered woman and individual. I've learnt to ask if I don't know something from my colleagues, family members and supervisor. I make my needs known, because how will people close to me know if I don't speak up?

I have experienced changes with clients, and I've also witnessed how they made the necessary changes for their relationships to grow and progress from negative to positive change.

What became patterns of behaviour have changed into self-awareness and working in the areas where change was needed. A specific family comes to mind, where the child was estranged from her father and needed to rebuild the relationship. Her mom was not so keen on this, but in the end, it all worked out where they all had a better understanding and the relationship improved.

Working at FAMS is an interesting journey because I meet people from all walks of life. I see myself as a change agent - not changing people, but facilitating the process to assist them in bringing about the necessary changes they want for themselves. ... CHANGE IS HERE TO STAY, CHANGE IS INEVITABLE!

Nydean Stamboul
Senior Social Worker

My 'Third' Act

Change is an inevitable part of the human experience. Due to our diversity, we all respond to change uniquely. Reflecting on my personal journey, I welcomed and sought out change at the start of my career. I was eager to be exposed to different professional and personal challenges and transitioned quickly through various positions.

However, when I received notification of retirement in April 2024 due to funding cuts, I felt unprepared to face such a developmental milestone. This was not a change I sought, but something happening to me. Referring to the phrase that Jane Fonda coined "Life's Third Act"

(https://www.youtube.com/watch?v=IHyR7p6_hno) – the extra 30 years added to our life expectancy in our generation, I had planned to work up to my 80's. Many professionals such as psychiatrist Bessel van der Kolk, and psychologist Peter Levine are still working after turning 80.

I have a strong belief in taking personal responsibility and started focussing on activating my dormant private practice. This has been an enriching experience, supported by colleagues from the South African Association for Social Workers in Private Practice who validated the viability of my starting my "Third Act" in private practice. Although still unsure of what the future entails, I'm trusting the process.

*Daleen van Staden
Head: Clinical Services*

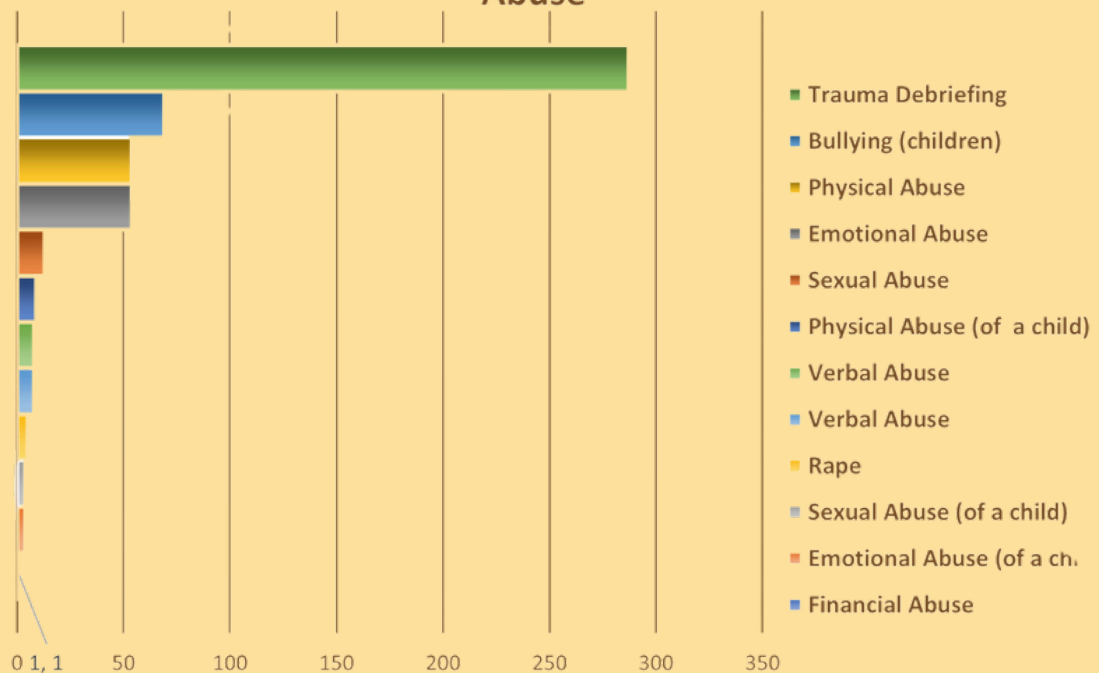
With funding support the NLC, FAMSA WC successfully trained 52 staff members from GBV shelters and social service organizations in 'Basic Counselling Skills', with 48 of them going on to be trained in 'Bringing About Healing in a Traumatized Society'. The trainees represented 22 different organizations and included Social Auxiliary workers, Housemothers, and Community Workers.



131 WOMEN
attended
VICTIM
SUPPORT
GROUP

12 MEN
attended
MEN
STOPPING
VIOLENCE
GROUP

GBV Counselling including Trauma and all forms of Abuse



Supervision

FAMSA WC partners with the Department of Social Development (DSD) to supervise Social Workers in DSD-funded social service organizations and shelters across the Western Cape.

What does 'change' mean? For some people change is a source of fear and anxiety. It might reflect the loss of something familiar and comfortable, as well as the uncertainty of what lies ahead. Others see change as an opportunity for new beginnings and growth. Change is inevitable. It often causes us to examine our values or re-evaluate our priorities. Change can mean starting over in life. Starting over does not mean you've lost everything you've learned, gained and experienced. In fact, quite the opposite. Your experiences have gotten you to where you are now, and today you're lucky enough to be wiser than you were even just a few months ago and you can use what you know best: yourself.

This year started with uncertainty about change. Not just for me or for the FAMSA WC staff, but also for my Supervisees and the staff in the offices where they work. Change can be a positive experience, but towards the end of 2023, with DSD warning of the possibility of funding cuts and the resultant uncertainty regarding job security, it was a scary experience for all of us concerned. I could pick up the tension amongst my Supervisees, which sometimes manifested in feelings of fear and anxiety. I tried to support them as much as I could, but with no real answers from DSD, it was difficult. Supervisees were desperately thinking of alternative employment. Fortunately, all the organisations I am involved with received funding and we could go on.

My own experience is that I heard that I might have to retire. My initial reaction was uncertainty and anxiety, but then I realised that I do have skills and that I can use these skills to earn an income and find meaning in life. Change is thus not necessarily a negative experience but can be a challenge to develop and grow. The same goes for the changes at FAMSA. It is scary and uncomfortable but can be positive and an opportunity for growth.

Lettie Marsh

Social Work Supervisor: VEP Programme

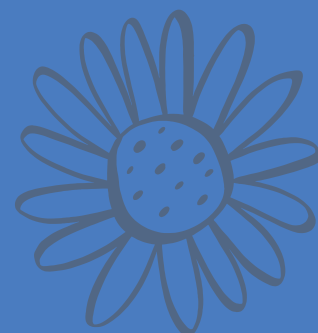
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Supervisees

Change

Change challenges us to step out of our comfort zones to adapt and grow.

Through change, we learn, evolve, and ultimately thrive. This past year has been full of changes, some by choice and some "forced" on us because life happens. It is very exciting for me to journey with my supervisees and see how their commitment to learning and development has led to their personal and professional growth. Their growth has a ripple effect on the clients they counsel and the communities they serve.

Aloïse van der Merwe
Supervisor: Families Programme



The socio-economic and political landscape changes in our country led to many unexpected changes in the lives of families. The high rates of unemployment, aftereffects of covid 19, high levels of poverty, crime and violence have left so many families vulnerable, poor and without hope. Social workers had to deal with these devastating situations and the impact these changes have on individuals and families.



This picture was taken at West Coast group supervision end-of-year function in November 2023. We took the opportunity to reflect on a very tough year at the beautiful Saldanha Bay beach. These social workers and Auxiliary Social Workers are working with families and children all over the West Coast Region. Through FAMSA supervision services an opportunity for growth, development and connection with peers is provided."
Barbara Williams

Significantly increasing violence and crime lead to so many incidents of trauma and loss and left many families with long-term psychological effects which influence their well-being and ability to maintain meaningful relationships. However, through the provision of individual and group supervision services to social workers we were able to equip them with knowledge, skills, motivation and a stronger sense of resilience to deal with the many challenges in the communities they serve. Through the help of these committed social workers, some families have embraced the many changes and have the courage to face whatever life has to offer.

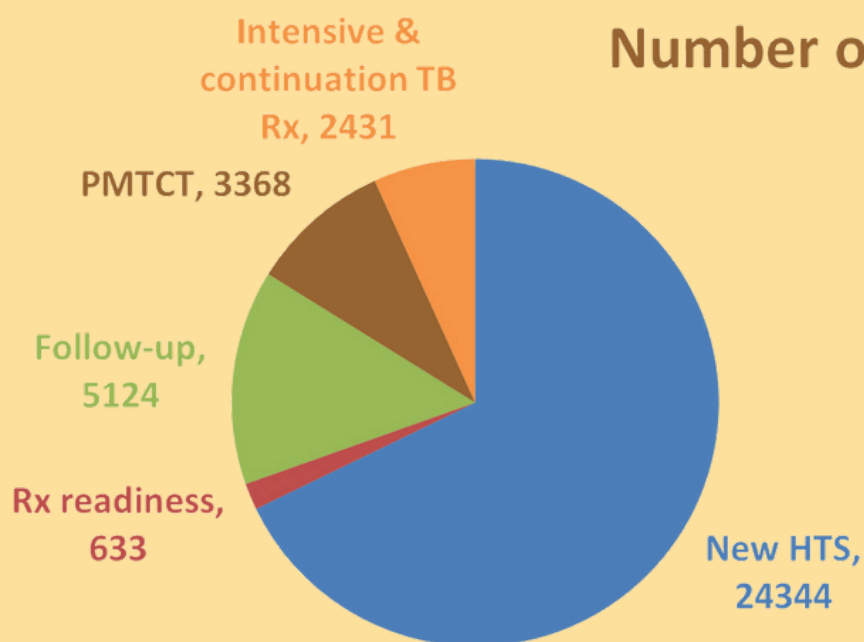
Barbara Williams

Social Work Supervisor: Families Programme

Integrated Community Health & Wellness Project

HIV and AIDS/ TB

HIV and AIDS/ TB: Number of People



No. of male condoms distributed	454264
No. of female condoms distributed	43608
No. of support groups	24
Family Planning/ Health talks	354

Community Health Services

Wound Care for CBD & Greenpoint	179
Palliative Care for CBD & Greenpoint	3445
Referrals from DOH for CBD & Grennpoint	728
CDU Parcels Delivered	27469



Wellness Hubs



FAMSA WC has opened two Hubs, one at St Georges Methodist Church in central Cape Town and one at St Phillips in Woodstock. These Hubs offer services to patients away from the Health Facilities and in their own communities (or work communities), saving on transport costs and queues and offering convenience.

St Georges Methodist Church	Monday to Thursday	<ul style="list-style-type: none">• Health Education, Screening, Referrals• HIV testing - alternate days• HCT testing - alternate days• Condom Distribution• CDU medication pick-ups
St Phillips	Daily	<ul style="list-style-type: none">• CDU Pick-ups• Health Education• Screening• HIV Testing• HCT Testing



Outreach

Monthly arrangements with Street Based People (specific CHW assigned to provide wellness and follow-up)

- Napier Street Haven Night shelter
- Hope Exchange shelter
- Safe space 1&2 shelter
- Youth solution shelter
- Haven under bridge and Haven Chapel street
- Pick wick shelter
- Old Woodstock Hospital

Periodic events in other areas where street persons may be staying.

Invitational events that occur randomly throughout the year from the following

- Tertiary Institutions: Cape Collage , CPUT, Vegas Collage, Capa City
- Private business: Capita
- Other government partners that use our service are the following: Department of Education, Department of Fisheries, Department of Agriculture. SASSA
- City of Cape Town Social Development Department



Homelessness

A significant homeless population has been identified in the catchment area: The issue is compounded by the regular opening of new sites and the transient nature of street individuals, making it challenging to monitor their health status. The solution involved assigning four Community Health Workers (CHWs) with the specific task of enhancing follow-ups, tracking referrals, and promoting wellness among this group of individuals.



Improvements made during the year

Enhanced patient engagement due to the Department of Health's improved referral system, enabling the tracing and communication with clients who miss appointments.

Utilizing feedback forms to promptly notify the Department of Health for necessary follow-ups. Additionally, our administrative clerk maintains a hardcopy record of referral dates and completion times.

Through the AIP system, clients within their coverage area can obtain AIP/Nappies from FAMSAs. Moreover, deliveries are made to individuals over 65 years old or with severe disabilities.



FAMtrac Training

Training	#
"Basic Counselling Skills 1: Introduction to Counselling"	67
"Basic Counselling Skills 1: Introduction to Counselling (NLC FUNDED)"	52
Bringing About Healing in a Traumatized Society (NLC FUNDED)	48
"Bullying: In Schools and the Workplace"	10
Childhood Anxiety	8
"Dialectical Behavioral Therapy for Adults"	20
Emotional Logic 1	7
Suicide Prevention: A practical approach towards working with self-harming and suicidal patients	22
"Supervision Skills"	20
"Treating Traumatized Families: A Child Centred Approach"	16
"Working with Children and Families Affected by Sexual Abuse"	7
Working with trauma	17

Staff have benefited from the following Continual Professional Development Training that was funded by the NLC:

- Therapeutic Hypnosis in Social Work Practice
- Supporting the family of the addict
- Protocols, Ethics and Practice Issues of working therapeutically with children and their Parents
- 'Under One Roof': How domestic violence affects attachment in children and infants, and the implications for therapeutic work with these children.



Celebrating Heritage Day





Farewell

We will miss you



Gloria Mashinini Motsapi



Samantia Nakoo



Judy Cloete



Micaela Fish



Nozuko Gxamza



Pryanka Govender (far left)
Jemma Khan (2nd from left)
Valentia Keitumatsa Motlhalo
(far right)

Staff

Noelene Blekkenhorst: Executive Director
 Erica Mendes: Resource Manager
 Daleen Van Standen: Head Clinical Services
 Pauline Sevit: Counselling Manager
 Conrad Steward: FAMtrac Manager
 Mandisa Ralarala Mkhonwana: CBS Manager
 Geobisa Ngalo: Khayelitsha Office Manager
 Gloria Mashinini Motsapi: Administration
 Ernest Radu: Receptionist
 Sylvia Røexana: Girl Friday
 Samantia Nakoo: Office Administrator
 Zimkitha Jini: Financial Administrator
 Nwabisa Siyolo: Receptionist
 Nonceba : Girl Friday
 Yonela Sipoko: Social Worker
 Nomsa Mtshungu: Social Worker
 Nomkitha Tombe: Social Worker
 Siphesihle Ntuli: Social Worker
 Nydean Stamboul: Media coordinator/
 Senior Social Worker
 Ziyanda Jiya: Social Worker
 Faadiya Smith: Social Worker
 Qakata Didiza: Social Worker
 Nozuko Gxamza: Social Worker
 Amorette: Social Worker Supervisor
 Aloise van der Merve: Social Worker
 Supervisor
 Alleta Marsh: Social Worker Supervisor
 Fadia Julies: Social Worker Supervisor
 Barbara Williams: Social Worker
 Supervisor
 Micaela Fish: Intake Officer / SAW
 Babalwa Mgcuwe: Training Admin./ SAW
 Mercia Marsh: Co-ordinator/ SAW
 Thobile Mbali: Intake Officer/ SAW
 Lynette Daniels: Intake Officer/ CDA
 Ubernecia October: Data Capturer/ CDA
 Desiree Titus: Co-ordinator/ SAW
 Margaret Ruiters: Co-ordinator/ SAW
 Frances Rodgers: MSVG Facilitator/
 Social Worker
 Lesley Thomas: MSVG Administrator
 Cathreen Munday: EWP Support/ SAW
 Muriel Kossman: EWP Support/
 Pastoral Counsellor
 Chrisna Visagie: EWP Support/ Psychologist
 Susan September: OTL
 Camagu Leon Kom, OTL
 Roshan Swartland-Jacobs, OTL
 Shandre Chantell Jansen, OTL
 Andisiwe Qwesha, OTL
 Tina Zini CHW, OTL
 Makupang August, OTL
 Sylvia Fry, HIV/AIDS/TB Counsellor
 Mary Ann J Festus, CHW
 Shehaam Smith, CHW
 Estrilita De Kock, CHW
 Michelle Benson, CHW
 Bayizuma-Pitshuna Koni, CHW
 Jaquiline Mandondo, CHW

Atekanza, Kendenga CHW
 Irene Ndangi, CHW
 Nosiviwe Sonti, CHW
 Nomphe Bukani, CHW
 Jeremiah Davids, CHW
 Babalwa Kosele-Madikane, CHW
 Nosipho Pomea, CHW
 Mariam Daniels, CHW
 Noluvo Mildred Mdlalo, CHW
 Adila Williams, CHW
 Shameema Isaacs, CHW
 Saadieqah Mitchell, Administration
 Supervisor
 Melany Minnies, CHW
 Gwendolene Moses, CHW
 Lulama Qinisile, CHW
 Kululwa Maninjwa, CHW
 Yaquab Jacobs, CHW
 Diago Januarie, Programme Driver
 Natalie Anthony, CHW
 Noxolo Langa, HIV/AIDS/TB Counsellor
 Thembekile Nxesi, HIV/AIDS/TB Counsellor
 Lindiwe Madasi, HIV/AIDS/TB Counsellor
 Mncedisi Talo, HIV/AIDS/TB Counsellor
 Lungiswa Fani, HIV/AIDS/TB Counsellor
 Vivienne Tshingana, HIV/AIDS/TB Counsellor
 Wisaal Solomons, CHW
 Yasmina Salie, CHW
 Nomaxabiso Baleka, HIV/AIDS/TB Counsellor
 Nombulelo Boo, HIV/AIDS/TB Counsellor
 Nondumiso Madubedube, HIV/AIDS/TB
 Counsellor
 Kholeka Dyan, HIV/AIDS/TB Counsellor
 Bulelwa Bonga, HIV/AIDS/TB Counsellor
 Cornelia Myeko, HIV/AIDS/TB Counsellor
 Monica Banzi, HIV/AIDS/TB Counsellor
 Asandiso Kalako, HIV/AIDS/TB Counsellor
 Thozama Mvula, HIV/AIDS/TB Counsellor
 Faika Norodien, HIV/AIDS/TB Counsellor
 Sandiswa Ben, Office Co-ordinator
 Maryam Davids, HIV/AIDS/TB Counsellor
 Thandiswa Bunu, CHW
 Ntombozuko Monakali, CHW
 Nokuthula James, CHW
 Nonkosazana Masala, CHW
 Nozuko Bhalindlela, CHW
 Asemahle Mphompo CHW
 Pakama Kololo, CHW
 Lukhanyo Tosholo, CHW
 Bongeka Ndude, CHW
 Nobenguni Mbono, CHW
 Lindokuhle Khanzi, CHW
 Nomonde Patience Botha, CHW
 Mandisi Goodwell Rubu, CHW
 Lindokuhle Msiwa, CHW
 Anakho Siyo, CHW

Cecil Barendse, Volunteer
 Sally Fielies, Volunteer
 Veronica Abrahams, Volunteer
 Jacky Beukes, Volunteer
 Daphne Fortuin, Volunteer
 Mimi Cooper, psychology intern
 Priyanka Govender, psychology intern
 Tshego Modise, psychology intern
 Jemma Kahn, psychology intern
 David Arnot, psychology intern
 Anastacia Flemmer, Cefa student
 Claudia Heystek, social work student
 Amelia Nababan, administration learner
 Ncamsile Sibiyi, administration learner



Thank you

Thank you to our service partners as well as to those who have given monetary and in-kind support



Department of Social Development:
Children and Families

Department of Social Development: VEP
NLC

Rotary Club of Claremont

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We are moving!



BBBEE –Level 1 Contributor Section
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BHF No: 090 009 0059684
Audited financial statements for
2023-2024 are available on request

